



Grief Support Books

Bearing the Unbearable

Love, Loss, and the Heartbreaking Path of Grief

Joanne Cacciatore, PhD

A companion for life's most difficult times, revealing how grief can open our hearts to connection, compassion, and the very essence of shared humanity.

Facing Death and the Life After

Billy Graham

Graham calls for Christians to confront the sobering face of death--realistically, but with the confidence that through Christ the final enemy can be conquered.

Grieving Dads

To the Brink and Back

Kelly Farley with David Dicola

Written from a man's perspective, this book helps a grieving dad know that he is not alone.

Man's Search for Meaning

Viktor E. Frankl

This book has riveted generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. We cannot avoid suffering, but we can choose how to cope with it, find meaning in it and move forward with renewed purpose.

Secure in the Everlasting Arms

Elisabeth Elliot

In a life filled with uncertainty, Elisabeth Elliot clings to the God who never leaves her side.

Surviving the Loss of a Child

Support for Grieving Parents

Elizabeth B. Brown

Words of healing from someone who has lost their own child.

180 Devotions for When Life is Hard
Renaë Brumbaugh Green
Encouragement for a Woman's Heart

When Your Family's Lost a Loved One
Finding Hope Together
David and Nancy Guthrie

At a time when nobody seems to understand, David and Nancy do. Let them, along with others who've walked this road, take your household from hurt to healing,

Child Loss
The heartbreak and the Hope
Clara Hinton

After losing two sons, Hinton's wrote this for you to see life from a new perspective that moves far beyond the heartbreak of a child loss into the light of hope.

Gifted
Robert Horsey

Written as a tribute to the thousands of donor families around the country that provide the gift of life through the selfless act of organ and tissue donation.

Walking with God through Pain and Suffering Timothy Keller Keller shows there is meaning and reason behind pain and suffering and can be overcome only by understanding our relationship with God.

From Mother to Mother on the loss of a child.
Emily R. Long

Dozens of mothers put their heart into words to share with other grieving mothers.

You Are the Mother of all Mothers

A Message of Hope for the Grieving Heart Angela Miller Offers freedom from misplaced blame and are a brave invitation to embrace peace, joy and wholehearted living once again.

Beyond Tears
Living after Losing a Child
Ellen Mitchell

Nine mothers whose children died as young adults lend comfort and direction to other bereaved parents in a chorus of supported voices. They share what to expect in the first year and beyond.

90 Minutes in Heaven - A True Story of Death and Life Don Piper with Cecil Murphy Offers a glimpse into the a very real dimension of God's reality. It encourages those recovering from serious injuries and those dealing with the loss of a loved one.

Life After Losing A Child

A Mother's grief and Spiritual Journey

Genda Beebout Pyzer

Following the loss of her 16-year-old son Ryan, Glenda began writing a blog to talk about her grief. What developed was a journey through her emotions, memories and spiritual awakening.

Walking the Small Group Tightrope

Russ Robinson, Bill Donahue

Meeting the challenges every group faces.

A Grace Disguised

How the Soul Grows Through Loss.

Gerald L Sittser

After losing his mother, wife and child in a tragic accident, Sittser wrote this book about coming to the end of ourselves so we can come to the beginning of a new life, one marked by spiritual depth, joy, compassion, and a deeper appreciation of simple blessings.

A Grace Revealed

How God Redeems the Story of Your Life

Gerald L Sittser

A Grace Revealed brings the story of Sittser's family full circle, revealing God's redeeming work in the midst of circumstances that could easily have destroyed them. As Sittser reminds us, our lives tell a good story after all.

My Dream of Heaven

Rebecca Ruter Springer

Biblical Truths with emotional impressions

The Voice of an Angel

Marcy Stone

A Mother's guide to grief and how to thrive after the loss of a child.

When Life is Changed Forever

Rick Taylor

Within these helpful pages the author skillfully offers the sure hope that life can be lived fully again while facing the truth that it can never be the same.

Suffering

Gospel Hope When Life Doesn't Make Sense Paul David Tripp This raw yet hope-filled book will help you cling to God's promises when trials come and move forward with the hope of the gospel.

Colors of Goodbye

September Vaudrey

A memoir of holding on, letting go, and reclaiming joy in the wake of loss.

It's Okay Not to Be Okay-Moving Forward One Day at a Time Sheila Walsh This book will help you overcome your struggles and pain by changing the way you think about God, yourself, and your everyday life. Not self-help. God help.

Choose Joy

Because Happiness isn't Enough

Kay Warren

After losing her son to suicide, Warren wrote this book to send your spiritual roots deep into the soil of God's love so that you can develop convictions and certainties about Him that will become the source of your strength when happiness isn't enough.

Good Grief

Granger E. Westberg

A faith-based guide to understanding and healing.

Rare Bird

Anna Whiston-Donaldson

A memoir of loss and love.

Lament for a Son

Nicholas Wolterstorff

After losing his son in a mountain climbing accident, he shares the depths of his grief and his faith in his future.

The Unspeakable Loss

How do you live after a child dies?

Nisha Zenoff, PhD

Support, Guidance, and Wisdom from others who have been there.

Permission to Mourn

A New Way to Do Grief

Tom Zuba

The death of someone we love cracks us open inviting us to become the person we were born to be.